

HIKING RECOMMENDATION

MOUNTAIN FLOWERSHIKE ALP SIGEL

Hiking tip to the Cableway Alp Sigel.



The mountain hike starts in Pfannenstiel next to the valley station of the Alp Sigel Cableway. Take a comfortable and spectacular ride in the small gondola up to the magnificent alpine plateau. Linger for a moment and enjoy the gigantic panoramic view: to the south, you can see Staubern, Staubernkanzel, Hochhäuser, Amboss and, at the end of the southern chain, the imposing rocky peaks of the Kreuzberge, with the Vorarlberg, St. Gallen and Graubünden mountains in the background. Towards the west, Widderalpstöcke, Hundstein, Altmann and, of course, the Säntis greet you. For the descent, hike gently past Alp Chüeboden and through a short stretch of forest until you reach the flat terrain of the Sämtis valley at the idyllic Alp Streckwees. You will reach the Berggasthaus Plattenbödeli (mountain inn) via the Sämtisersee Lake, one of three mountain lakes in the Alpstein, whose water temperatures invite you to take a cool dip. Return to the starting point in Pfannenstiel with a steep descent through the Brüeltobel; past the exciting Hexenwäldli.

Places along the route

Pfannenstil (Brülisau) – Alp Sigel (Cableway) – Alp Hasenplatten – Chüeboden – Streckwees – Sämtisersee – Plattenbödeli – Pfannenstil (Brülisau)

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MAP

[SwitzerlandMobility](#)

TYPE OF TOUR

Hiking in the mountain

DIFFICULTY

moderate

LENGTH

6.51 km

ASCENT

91 m

DESCENT

747 m

TIME

2 hours

STARTING POINT

Pfannenstil (Brülisau)

END

Pfannenstil (Brülisau)

REMARKS

Tip: The ideal mountain hike in early summer, when the alpine flora on Alp Sigel is in bloom, a true delight!

OPTIONS TO EAT ALONG THE WAY

Berggasthaus Plattenbödeli
[DOWNLOAD](#)

- [Bergblumenwanderung.gpx \(42 KB\) gpx](#)